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MINDEN

Vol. 2, Number 12

Minden, Ontario

Wednesday, March 29, 1978

Four bodies found in rubble of burnt out home

DORSET — In the early hours of Saturday morning, a wood frame one storey bungalow over a full basement, was burnt to the ground and four bodies were found in the rubble just north of Dorset on Hwy. 35.

The deceased are believed to be Carman Ross Griffin 34, his wife Sharon Anne Griffin 30, and their two children, Lilian Geraldine Griffin 7, and Stuart Ross Griffin 5.

The bodies have been taken to the Forensic Sciences building in Toronto where a post mortem was to be held on Monday morning to determine exact identification and cause of death.

According to Minden OPP Constable Wim McGee, investigating officers at the scene say there is no question as to the identification of the four people.

The fire was discovered around 4:30 a.m. on Saturday morning and by the time the Dorset Fire Department arrived on the scene, the building was completely engulfed in flames.

Cause of the fire is still unknown as Marcel LaLonde, investigator from the Fire Marshall's office in Cornwall and A. R. Martin of the Energy Safety Branch in Peterborough are presently going through the remains of the building to determine the cause.

Investigation by PC Mike Legge and Corporal Alexander of the Minden OPP.



Over \$2300 of sporting goods and equipment are stolen

HARCOURT — The cottage of Samuel E. Masson of Thornhill was broken into on the weekend. Located near Harcourt, entry was made through a window and door. Police report that a quantity of sporting equipment valued at over \$2232 was stolen. Damage to the cottage was estimated at \$30.

Among the missing equipment were fishing gear, water ski equipment, scuba equipment, tanks, regulators, masks and gauges. Police still have no clues as to the identification of the thieves. Investigation by PC Jim Solway.

Reconstruction of CKVR tower well underway

Television viewers in Central Ontario can look forward to the resumption of normal telecasting of CKVR very soon.

Construction of a new 1,000 foot tower is well underway and will be proceeding at top speed as long as the weather co-operates. The tower will replace one destroyed in an accident in September 1977. Since that time CKVR has been broadcasting from a temporary 400 foot tower at reduced power. As a result, viewers in many areas have been without the CKVR service or have been putting up with a weak signal. CKVR regrets the inconvenience to its viewers but is looking forward to the resumption of normal service.

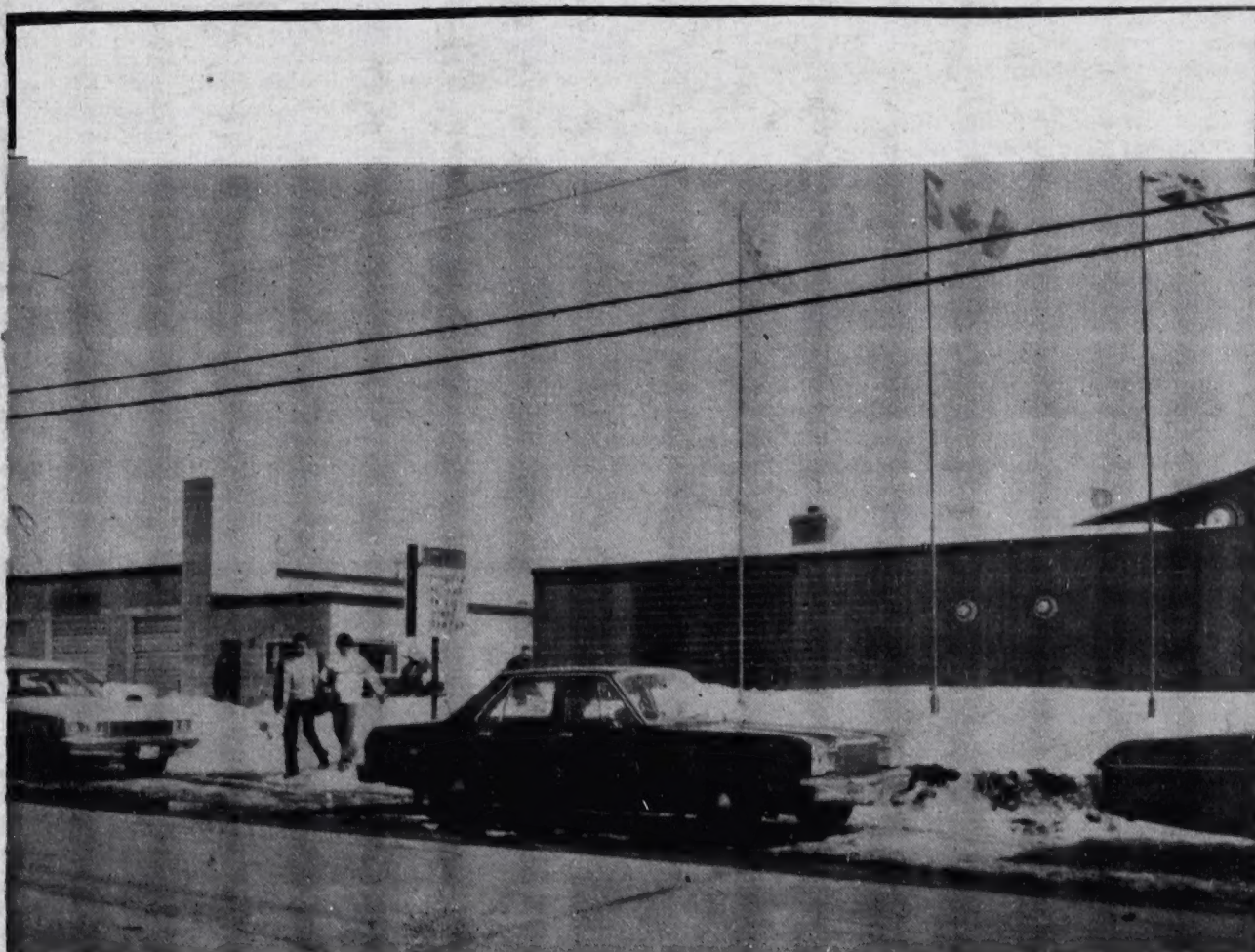
The tower installation is being handled by Leblanc and Royle Limited and according to its President, George Patton, work will be proceeding at full speed from now until completion. Leblanc and Royle with headquarters in Oakville, its an all Canadian company owned in part, by its employees.

The new tower will be equipped with "strobe" lighting and is being built according to specifications provided by the Federal Department of Transport.

Production line gets a break

A steady flow of people kept the production line above busy Saturday morning until about 1 pm when things eased off. Over 400 breakfasts were served and Don Herbert (shown above in the checkered shirt) told The

Express that they had gone through 100 pounds of flour and 125 pounds of sausages. Haliburton County Warden and Reeve of Monmouth Township, Keith Tallman is shown looking on.



Centre of attraction in Wilberforce

The Lloyd W. Watson Memorial Centre in Wilberforce was the centre of attraction for hundreds of residents on Saturday when the second annual pancake breakfast was held there. Residents from Wilberforce and Haliburton County were able to enjoy the pancakes and sausages as well as purchase items and crafts from several tables set-up in the centre.

Festive Louisville welcomes the family

By Gary Kent-Smith
Syndicated Travel News

When many Canadians head to the southern part of the United States during the winter time, they are often so intent on reaching their destination that they fail to notice the many varied attractions that are available to them en route.

For example, when driving from Canada to Florida, it is a 'natural' to spend some time in Kentucky.

If you're looking for a get-away spot that the whole family can enjoy, try Louisville, Kentucky. This city may be just the destination you've been seeking.

Combine a flourishing cultural calendar, horses, a colorful history, and imaginative entertainment with a pleasant climate and down-south hospitality, and you have caught the fancy of every age group.

Special events — many of them free — are staged throughout the year with families in mind. Every year, from late April through early May, the Kentucky Derby Festival holds the spotlight with a spectacular parade and races for boats, bikes, and giant balloons. (This is climaxed, of course, with the annual Run for the Roses — the Kentucky Derby).

The steam-driven sternwheeler, the Belle of Louisville, for example, is a moving, churning, tooting museum. It brings the steam age to life for both adults and inquisitive children during leisurely afternoon excursions.

Should you be planning a visit to Louisville, you may consider taking a guided tour arranged by the Visitor's Bureau — this in fact is one of the best ways for families to get around the city. It's a three-and-a-half hour excursion, and leaves Tuesdays through Saturdays at 9:45 a.m.

Accommodation in Louisville is plentiful and varied — among the two largest hotel properties are the Galt House, right beside the Ohio River, and the Holiday Inn South, a massive complex comprising hotel, office space, apartments, and so forth.

And, the people — they don't come much more friendly! The cooking — well, Colonel Saunders gives you only an inkling of what down-home cooking really is!

Certainly Louisville has Churchill Downs, the site of the Kentucky Derby. Visitors to the city may also call at this location — but not on Derby Day — and let their imagination run wild as they visualize Secretariat, Man-o-War (who never actually won the Run for the Roses), Northern Dancer and the other greats head for the stretch.

On Derby Day, some 20-30 thousand fans pack the infield — and the publicity officer at the track tells us that the majority of that number can't even see the race. Where's the best place to watch the Derby, we ask? "In your hotel room", he advises, "on the television set!"

It is a moonlit night, a comfortable warm breeze is blowing, and the strains of well-known melodies fill the air.

The scene is at Bardstown, Kentucky, where Paul Green's "The Stephen Foster Story" is performed 68 times every year in an amphitheatre on the grounds of My Old Kentucky Home State Park.

It's not often that a certain seasoned traveller runs into a situation that causes goosebumps and chills to run up one's spine — but the story and songs in this fine drama turned the trick.

Chronicling one year in the life of America's first popular composer, "The Stephen Foster Story" tells of Foster's struggle to write his most famous song, "My Old Kentucky Home".

Sports buffs will recall this song as the one played just before the start of the annual Kentucky Derby — the haunting strains at the horserace, while impressive, cannot compare with the feeling one gets when one sees the full story.

The first spine chilling song was "The Old Folks At Home" (also known as "Way Down Upon the Swane River"). The climax vividly displayed young Foster's struggle to be accepted as a song writer — until then an unheard-of occupation — as the song progressed, his future in-laws, the Mayor of his city, and a former employer all gradually accept the fact that song-writing can be an honorable career, and that Foster would be very good at such a craft.

We could never understand how residents of Kentucky could get all excited and have tears flowing from their eyes when the song "My Old Kentucky Home" was rendered.

However, now we understand. To hear this song, and to see the colorful spectacle that goes along with it as Foster and his young bride Jeannie (I Dream of Jeannie With the Light Brown Hair) arrive in Kentucky, that explains it all.

"The Stephen Foster Story" combines light humor, serious philosophies on life, splendid costumes, and great songs. Such songs as "Beautiful Dreamer", "Jeannie With the Light Brown Hair", "My Old Kentucky Home", "The Old Folks At Home", "Camptown Races", and "Oh Susanna" all take an added meaning when seen in the full production of "The Stephen Foster Story". Catch this production should you visit Kentucky — it's a must — and you'll be humming the songs for weeks!

© Syndicated Travel News

TRAVEL SECTION

Shakespeare country in winter

SYNDICATED TRAVEL NEWS. — Winter is the best season to find the real timeless mood of Stratford-upon-Avon, the little Warwickshire town where William Shakespeare was born in 1564 and was buried 52 years later. And now that the Royal Shakespeare Company's season stretches from spring right through to late January, you can see the plays, explore the

famous sights and the surrounding country just as well as in the crowded summer months.

Choose Sunday morning for a walk round Stratford, and perhaps attend a service in Holy Trinity, the lovely old parish church where Shakespeare is buried (Holy Communion at 8 and 10:30 a.m., Evensong at 6 p.m.).

On Sunday afternoons, and

all day on weekdays, you can visit Shakespeare's Birthplace (a beautiful old house in Henley Street); New Place, with the foundations of his home in prosperous later years, and the peaceful garden, open to the public and only two minutes' walk from the theatre. If you plan to visit all five Shakespeare Birthplace Trust properties in and near the town, you can get a ticket for \$2.

Opposite New Place, at the top of Chapel Lane, is the beautiful old Guild Chapel, and beside it the Grammar School where Shakespeare no doubt "crept like snail unwillingly to school". Everything in Stratford is close together; easy to explore on foot.

For staying, the Shakespeare Hotel beside New Place is a splendid 16th century timbered hostelry where the old world style is maintained, and every bedroom is named after a character or scene from Shakespeare. The Falcon Hotel, almost opposite, is another picturesque old building, and so is the White Swan.

For Canadians motoring to Stratford, try the Welcombe Hotel, just a few miles out of the centre. It is said that Shakespeare once owned the land the hotel stands on — forty rolling acres of parkland, gardens and a nine-hole golf course. A country house with room to stretch and stroll.

Have a drink at the Dirty Duck, a pub overlooking the river near the theatre. It was called the Black Swan, but young actors gave it the nickname years ago, and the name stuck! For morning coffees, light lunches and English afternoon tea (with scones and home-made cakes), the Cobweb in Sheep Street and Hathaway in High Street have been meeting places for visitors, actors and Stratford residents for well over 30 years.

Shakespeare married Anne Hathaway who lived in the village of Shottery, a mile from the town. He must have strolled over the fields to woo her, and modern visitors still take that walk (or drive) to see the lovely old thatched cottage where she lived. It has a charming old English garden, and an orchard.

Even more beautiful, as a building, is Mary Arden's House, three miles away at Wilmcote. This 16th century farmhouse, home of Shakespeare's mother, is open to visitors throughout the year, like the other Shakespeare properties.

The current season at the Royal Shakespeare Theatre continues until January 21, with a repertory including "Henry V", "Coriolanus" and "As You Like It". The theatre continues to operate until early March, with the D'Oyly Carte Opera Company, the Royal Ballet, and concerts among the attractions; then comes the excitement of a new Shakespeare season.

Eight miles away is Warwick, a handsome and historic town, also standing beside the Avon. Warwick Castle, home of the Earls of Warwick and one of the finest medieval castles in Europe, is open throughout the year and contains one of the most magnificent private collections of armour in the country.

Ten miles south of Stratford rise the Cotswold Hills, scattered with delightful towns and villages in mellow local stone — and equally delightful pubs, hotels and restaurants to tempt you to stop a while.



British Tourist Authority photo

The half-timbered house on Henley Street where William Shakespeare was born is open to the public throughout the year.

Paris — a touch of class

By W. J. Dicker

SYNDICATED TRAVEL NEWS. — While at this time of year most thoughts turn towards sun, sea, and sand holidays; or perhaps even directed to the pleasures of the ski slopes; this is also the right time of year to be thinking about your spring vacation.

After what promises to be a long, hard winter, you'll want to get away as soon as the first buds appear on the foliage.

A thousand songs, or so it seems, extoll the virtue of Paris in the Springtime! A city described variously as the city of lights, city of ooh-la-la, Mecca of the gourmet world, and home of culture and romance. Pretty impressive credentials, eh? And most of them true!

In the summer, Paris is packed to the rooftops with foreign tourists. Adding to that unique and wonderful Parisienne hustle and bustle. But in springtime or late fall, Paris is for the more adventurous-minded tourist. Canadians on the whole just adore the city's freedom from the maddening crowds.

The Paris, so loved by the Parisian. Those springtime tulips and daffodils, and the gentle warmth which renews one's faith in the mystery of nature and springtime.

For hundreds of years Paris has enthralled mankind; a glorious city whose attractions are so varied and so numerous that the visitor cannot ever feel that there is sufficient time to enjoy everything.

For the classically minded there is the history and culture of the Museums; not only the famous Louvre, but also many others, including the Musée du Jeu de Paume (this curious name comes from the French for tennis court, which the museum once was), the home of Impressionist painting. For the less formally-minded a walk through the streets of the Ile de la Cite takes you through a thousand years of history — including the Cathedral of Notre Dame and the Sainte Chapelle with its relic of the Crown of Thorns.

Perhaps the best way to feel like a real Parisian is to sample the sidewalk cafes.

People-watching is one of the world's great pastimes — how better than sitting comfortably in the centre of one of the world's most elegant cities with a drink of some sort in your hand — spot the new fashions, look for celebrities, for in this most cosmopolitan of cities you'll probably see someone you know...even if it is only your next door neighbour.

After dark Paris swings. Opera, ballet or concerts; discotheques, discreet bars, fancy nightclubs, and the great "spectacles" of the Lido and the Moulin Rouge: existentialist conversation at the Deux Magots in St. Germain des Pres; raucous jollity in Montmartre, or a chance to meet up-and-coming writers and painters over a drink in Montparnasse.

From the legendary food at Lassere (one of the six restaurants in Paris accorded three stars by the famous Michelin guide) to the Gay Nineties atmosphere of the Vagenede, the seafood at Prunier, the wild variety of regional restaurants (like North African food? Try tingad on the rue Brunel), you can find your preference in Paris. All this and more awaits you in Paris. A Touch of Class — a chance for you to experience a different exciting city.

WAYS AND MEANS.

Criterion Travel in conjunction with Air France have put together a series of exciting value packed, flexible 8 day packages, with a choice of three star to four star luxury hotels. All packages include; hotel, breakfast, gala dinner with wine, gratuities, and taxes, motorcoach tour in Paris, unlimited bus and subway travel in Paris and a guide book. Prices are amazingly inexpensive from \$140 per person (twin) in a three star hotel to \$420 in a four star luxury hotel. In high season the prices are a little higher.

Criterion offer return air November to March for \$390 — Montreal: \$433 ex Toronto with inexpensive add on fares from other cities i.e. Winnipeg +\$70, Vancouver +\$152, Calgary, Edmonton +\$110.

Explore these exciting possibilities with your travel agent. Ask for the Criterion Travel "Touch of Class" brochure.



4 DIE IN DORSET FIRE

All that remains of a one storey, wood frame house that burnt to the ground in Dorset early last Saturday morning, killing four people. See story on page 1.

He's got the World for Sale

Canadians have always been "do it yourselfers." Many of us are handy at everything, from Macrame plant hangers to adding entire rooms to our homes: not only do we save money with these hobbies, but we feel a certain satisfaction at having it done with our own hands.

But in travel, doing it yourself can get complicated and lead to frustration. When there are multitude of choices between transportation carriers and tour packages, when money is an important factor to get the greatest value for our limited dollar, it's time to consult an expert — a qualified Travel Agent. A good many travellers do not really understand how a travel agency works, how it makes its money and the range of services it can provide.

It costs nothing to visit an agency, explaining your interest and get advice. The agency's income comes from commissions received directly from Airlines, Steamships, Bus Companies, Hotels and other firms and not from the client himself.

A good agent knows what is behind the elegant brochures, where the fine print is and what information is missing. Let's say, you take a Hawaiian vacation. One major airline offers a package which includes a car rental as part of the deal. What the average individual doesn't realize unless he carefully reads the folder, is, that he gets free use of the car for the first day only. Take the continent: "Europe on \$10 a day." But let's be realistic, for \$10 a day you have to carry a pack on your back and pedal a bicycle. Devaluation and inflation have changed the price to something like \$50 a day.

Still, many Canadians are not discouraged, they'll pay whatever it costs to get there. In Europe, as well as elsewhere the budget minded Canadian traveller will be looking for new bargains and with the help of Colonel Sanders, who has arrived in Europe you could be running off with a bucket of chicken or a bag full of hamburgers from the Burger King, instead of dining at the Maxim or the Mirabelle's in London.

— Joe Zeus

Nine new members at Minden United Church, Sunday

Last Sunday, a special ceremony was held at the Minden United Church when nine new members were accepted into the congregation.

The new members are: Mr. and Mrs. Peter Alexander, Mr. and Mrs. Gerald Rome, Mr. and Mrs. George Moulton, Mrs. Terry Brown, Mrs. Paul Heffer and Mrs. John Daniel.

During the same ceremony, the following were appointed to the Board of Stewards: Mr. Don Berry, Mr. Gerald Rome, Mrs. Brian Sisson (Susan), Mrs. Paul Heffer (Janet) and Mr. and Mrs. Tom Bagshaw.

Revised Bill To Show Electricity Use

An extra item of information has been added to Ontario Hydro bills to help customers measure how well their conservation efforts are working.

Starting this month the revised bill, sent to Hydro's 800,000 rural customers, will show a customer's average daily use of electricity. The bill, when based on a meter reading, will indicate the average use of electricity in kilowatt hours per day.

The average daily use figure will be calculated from individual meter readings every three months.

Ed Kulperger, planning superintendent at Ontario Hydro's conservation division, says the figures on the revised bill will fluctuate with the seasons. "If customers keep their bills for a year and compare them from one year to the next, then they'll be able to see how well their conservation efforts are working."

Kulperger said that for years people have been rating the efficiency of their automobiles by measuring the miles per gallon performance. He added that the same

idea can be applied to electricity consumption.

He also noted that some of the best ways to reduce the average daily use of electricity are to turn off unnecessary lights, cut down on the use of hot water and use less heat. Kulperger said if these measures are taken they will save energy and help offset increased electricity prices.



MURIEL HUMPHREY is hard at work as the new senator from Minnesota. She is filling the Senate seat left vacant by the death of her husband, Hubert Humphrey.

Start a tree from a cutting

It is not too early to begin planning for your hardwood nursery, says R. A. Fleming, Ontario Ministry of Agriculture and Food horticulturist.

Cuttings from hardwoods taken in February and March can be forced to bloom and root indoors. "We have all forced forsythia shoots to bloom indoors during the late winter. Often these same shoots can be rooted from hardwood cuttings.

The cuttings should be six to eight inches long and about 1/2 to 3/8" in diameter. Mr. Fleming says a shoot of good sound wood, several feet long can be split up into cuttings. He advises making the cuttings just below a bud for optimum rooting.

Place the cuttings in a box of peat and sand mixture to about two-thirds the length of the cuttings. Thoroughly water the soil mixture and cover with a sheet of glass or plastic to keep the tops of the cuttings from drying out. Water them from time to time from the top.

The cuttings should be well rooted by late spring and ready for planting in the nursery row to grow into garden-size plants. Hardwoods which may be rooted in this manner are shrubs such as forsythia, the willows, the shrubby dogwoods, philadelphus and some types of viburnums.

Women's Institute March meet

The monthly meeting of Minden's WI was held at the Parish hall on March 15th with Mrs. Lyman Cox presiding. After the usual opening and reports, Mrs. Cox welcomed our two guests and 29 members answered the roll call of our neighbours of 20 years ago bringing back many happy memories.

The business was carried on and Mrs. Allan Taylor gave the treasurers report and the card report of 52 cards being sent since the January meeting. Collection for this fund and pennies for friendship were taken. The thank you notes and correspondence were read and courses chosen are "Food for mature persons," and "Budget decorating". A suggestion is to be made that some of these Senior courses be held in the northend of our district so that we may attend.

Mrs. Cox and many members had attended the meeting regarding changes at our hospital and a letter signed by this executive is to be sent to our members of Parliament.

There was some discussion on our bus trip with more data next month. The president read a verse called "A Little Prayer" given her by Mrs. W. Burns.

The district director, Thelma Ewing gave her report of the district executive meeting March 13. From this, the annual will be at Fenelon Falls, May 25th with hostess branch Pleasant Valley. Names of deceased members are to be sent in right away and a craft exhibition is tentatively set for Oct. 18th. Membership fees have jumped again up to \$2.00. In 1949 it was 50c.

The curator, Mrs. Sears had three binders there on display. She also read Crawford story and some details on the Hobden family history just started. She also asked for pictures which might be copied and given back.

The meeting closed with God Save the Queen and WI Grace. All enjoyed the delicious lunch served by the committee. Many of the ladies scanned the books and enjoyed seeing this. Next meeting, April 19th at the United Church hall. Everyone welcome. On the draw for a box of groceries, winner was Neil Burk No. 19 and the sale netted nearly \$100 for the new library.

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NOTICE

Under the Forest Fires Prevention Act,

The period from April 1 to October 31 in each year shall be a fire season.

Fire permits are required in a fire district

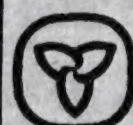
- for all outdoor burning, except cooking or obtaining warmth

- to ignite fireworks within 1000 feet of a forest or woodland.

A work permit is required to conduct any operation which is liable to cause an accumulation of slash or debris within 1000 feet of a forest or woodland.

No person shall smoke while walking or working in a forest or woodland.

Fire permits may be obtained from local Ministry offices or township fire wardens.



Ministry of
Natural
Resources

Hon. Frank S. Miller
Minister

Dr. J. K. Reynolds
Deputy Minister

Think small

by Jim Smith

Do-it-Yourself Fatality

The latest rage in do-it-yourselfery is do-it-yourself home medicine. With the aid of available amateur medical manuals, any reader can quickly learn to cure headaches, set a broken arm or take out an inflamed spleen. The attraction is obvious: no waiting in the doctor's lobby while the neighbour's kids sneeze all over you.

The only real draw-back to the trend is that the less wary do-it-yourselfer may wind up dying of a typographical error.

Something like that took place at the recent First Ministers Conference in Ottawa. Pulling out the amateur economic medical books, the Prime Minister and various provincial premiers agreed to "cure" the Canadian economy with a spectacular array of high-priced energy development programs ranging from new pipelines in Alberta to tidal power developments in the Bay of Fundy. Unfortunately, the First Ministers forgot to read the fine print in the economics texts and the country is in danger of being clobbered by an unnoticed footnote.

There have been massive capital investment projects before now. Montreal, for instance, suffered through the Olympic building spree — and is still paying the price. Nova Scotia's economy was distorted while the Glace Bay heavy water plant was under construction. The only real difference between these earlier projects and the proposed energy development plan is scale: the energy projects would be larger than anything Canada has undertaken in the past — and the effects would be multiples of the effects experienced previously.

The problem starts with wages. Large capital works projects use armies of workers, all of them paid premium wages. There's more feather-bedding here than in most elderdown factories.

Private employers can't afford to match the high wages; unlike the government, private firms face stiff competition from firms outside the country and high wages can destroy their competitive position. Consequently, workers who already have jobs in the private sector migrate to these lucrative new jobs and some firms are forced to shut down because they can't get enough skilled help. Ironically, with everyone receiving higher wages, local prices rise and no one is really any better off.

The worst part comes when the project is finished. Suddenly, there are no more big-dollar jobs. The workers can't go back to their old jobs because the private sector has been ravaged. Workers can't maintain their mortgage payments and lose their jobs. Unemployment runs rampant. Suddenly, the once-booming economy needs massive relief programs to survive.

What went wrong? It's a simple matter of footnotes. Huge investment projects can cure unemployment — temporarily; the problem is what to do when those projects end after damaging the private economy. The only answer to unemployment is an innovative competitive private sector — and that requires many more Canadian-owned businesses.

"Think small" is an editorial message from the Canadian Federation of Independent Business.

Canadian Comment

BY PETER WARD

OTTAWA — (SF) — Don't be surprised if the Liberals and Conservatives concentrate their election efforts in Ontario during the coming campaign. The area between Windsor and Cornwall, south of North Bay, will be the deciding factor, the killing ground, in the election.

Back-room boys of both major parties are performing the usual pre-election exercises of predicting how individual seats are likely to go when voting day arrives. Their calculations — particularly now that Western Canada has added representative strength — force them to concentrate campaigns in Ontario.

There will be 95 members elected in Ontario during this election — up from 88 in the last contest. The seats in Northern Ontario are not considered likely to shift very much.

Neither are many changes expected from the token Liberal representa-

tion in the present House of Commons in the Prairie provinces. In B.C., the experts predict tough sledding for the Liberals, gains for the New Democrats, and possible Tory gains, but not as many as for the NDP.

In Quebec, the Tories are saying they'll win six to 10 seats. Social Credit is not

expected to do well, following the death of René Lévesque, so the Liberals should virtually sweep the province. There should be marginal Conservative gains in Atlantic Canada.

Count up all the seats likely to be won by both Liberals and Conservatives in all of the country, except Ontario, and you discover that each party will win between 80 and 85 seats, virtually a dead heat. Now you begin to see why both the big parties will use their heaviest artillery in Ontario.

In the last election the Tories won 26 seats to 54 for the Liberals — largely,

because the Conservative intention of price and wage controls scared Canada's most prosperous citizens. The Liberals won the province and won the election.

This time out, if either major party wins big in Ontario, it could form a majority government. If it's close, look for a minority administration like the

one we had between 1972 and 1974. It could be Conservative; it could be Liberal.

All this, of course, is predicated on the wisdom of the back-room boys, and everybody can tell you about a back-room boy who lost heavy election bets on the last election.

County will have resident Vet

On Monday night, the Haliburton County Veterinary committee decided to accept the application of Dr. J. W. Vanderwekken for the position of a subsidized vet in the County.

By accepting the application, the committee has recommended to the Veterinary Services Branch of the Ontario Ministry of Agriculture and Food that Dr. Vanderwekken be appointed to this position.

The meeting was a culmination of over a year's effort by the committee on behalf of approximately 100 area livestock producers. This effort originated with an application to the Ministry of Agriculture and Food to designate Haliburton County as an area where the Ministry was willing to assist a vet in the establishment and maintenance of a large animal practice.

It included much effort by the association to locate a suitable vet. In addition to this, each member of the Veterinary Services Association has pledged \$20 toward the subsidization which the vet will receive.

The parent organization of the Veterinary Services Association is the Haliburton County Livestock Producers Association. Anyone interested in Haliburton County's new vet or in joining either organization should attend the Livestock Producers monthly meeting. The next meeting is on April 6 at Haliburton high school cafeteria at 7:30 p.m.

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PHOTOGRAPHY

by
Dal Hubbert
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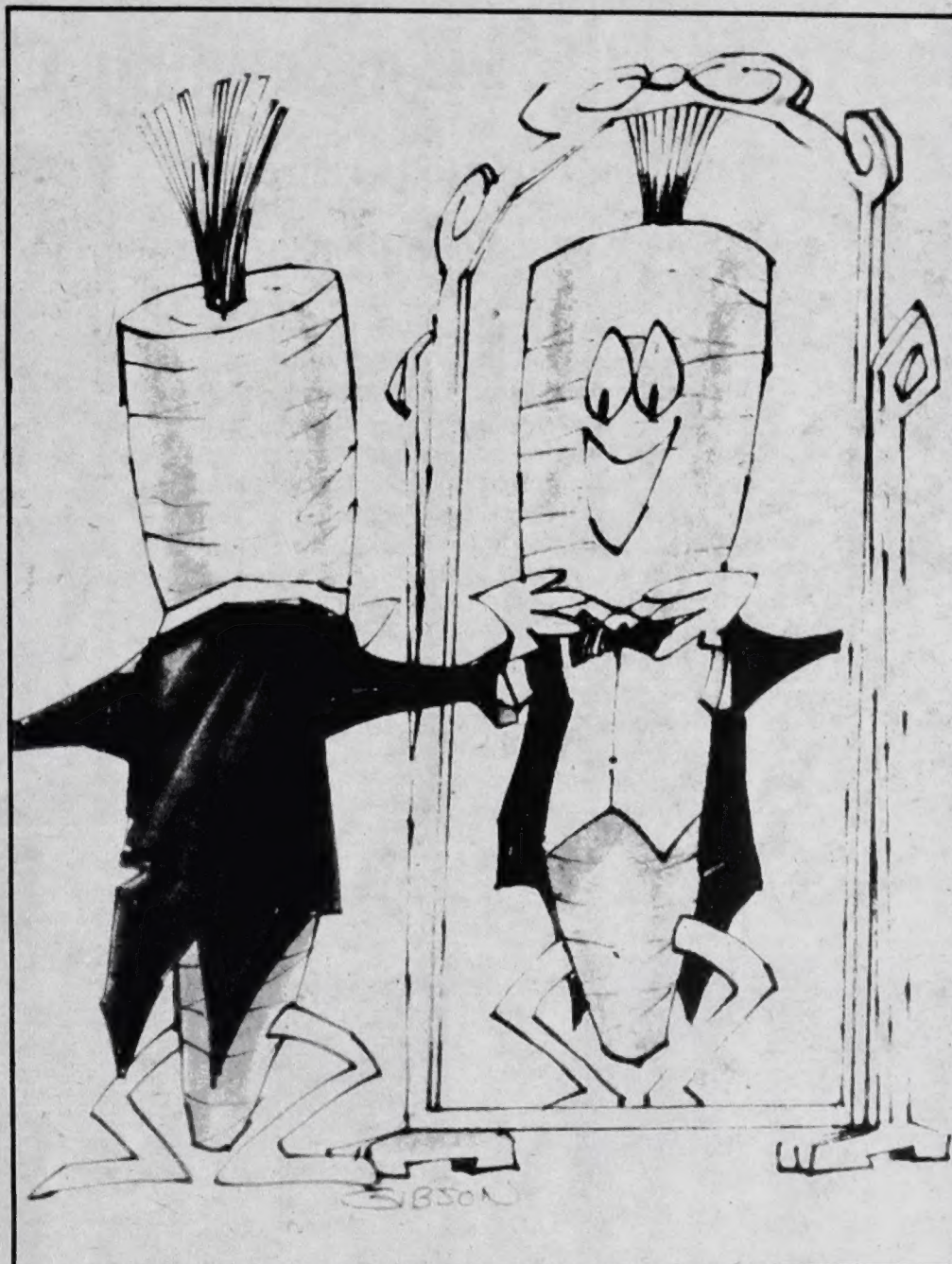
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Also the publisher takes no responsibility for statements or claims made in any advertisement and will, upon written request, reveal the name and address of person or persons responsible for placing any display advertisement, political or otherwise, except for "blind" box advertisements.



Vegetables are one of mother nature's most neglected children. Perhaps it's a carry over from our childhood when we were forced to eat them or forego dessert. Perhaps it's just that we're bored with them after all these years. Plain old boiled carrots can get pretty routine.

Even the fanciest of restaurants pay but cursory attention to the vegetables they serve. If you're lucky, they prepare them tender crisp instead of mushy. Chances are you'll be given baked tomato seasoned with garlic and herbs. It's good, but it does become tiresome.

We need vegetables in our diet. Canada's Food Guide recommends five servings of fruits and vegetables a day, two or three of which can be vegetables. (A serving is $\frac{1}{2}$ cup.) Vegetables provide vitamins and minerals we can't get elsewhere. They are also a good source of fibre.

The following recipes were developed with the working cook in mind. I have used the commonest of vegetables — turnips, carrots, onions, spinach and canned beans. I call them convenience vegetables because we are always likely to have them on hand. Most can be kept almost indefinitely. They are also the vegetables you are probably tired of serving. A little stock, a few herbs, a shot of sherry and a few minutes of your time makes them special.

Serve them for company or treat the family. You really don't need an occasion for dressing up vegetables and you may even find they become easier to eat.

SHERRIED ONIONS

10-12 smallish white onions
3 tbs. butter
 $\frac{1}{4}$ tsp. salt
 $\frac{1}{4}$ tsp. pepper
 $\frac{1}{4}$ tsp. basil
 $\frac{1}{4}$ tsp. celery seed
1 sprig chopped parsley
 $\frac{1}{2}$ tsp. sugar
 $\frac{1}{4}$ c. dry sherry

Parboil whole onions in boiling water to cover for 10 or 15 minutes in an uncovered pot. Drain well. Set aside. Melt butter in a saucepan or skillet; add seasonings and sherry. Stir to combine. Add the whole onions; cook over moderate heat for 5 minutes until they are hot. Serves 4. Deelicious!

Vegetables: All dressed up and someplace to go

The Cook Works

By GLORIA COLLINS

SPINACH OLE

Save some of your breakfast bacon and drippings to make this dish or start from scratch. It still takes just minutes to prepare.
1 package fresh spinach (or 2 boxes frozen) cooked and well-drained
3 slices bacon
1 medium clove garlic, minced
1 tsp. fresh grated lemon peel
1 sweet red pepper
1 tbs. fresh squeezed lemon juice
 $\frac{1}{4}$ tsp. salt

Put the bacon on to cook until crisp. Prepare and cook your spinach. When bacon is crisp, remove, drain and crumble. Save 1 tbs. bacon dripping. Use it to saute the garlic, lemon peel and sweet red pepper. Add spinach, lemon juice and salt. Heat, stirring constantly. Sprinkle with crumbled bacon and serve.

MUSHROOM AND CARROT SAUTE

3 c. carrot slices
1 c. chicken stock
 $\frac{1}{4}$ tsp. oregano
1 medium onion, sliced
1 c. sliced mushrooms
2 tbs. butter
2 tbs. flour
1 sprig chopped parsley
a squirt lemon juice

Cook carrots in stock with the oregano. Do not drain. Meanwhile, saute the onion and mushrooms in butter until tender; add flour and mix well. Add carrots with stock, parsley and lemon juice. Heat until stock has thickened; stir constantly. If necessary, add a little more water. Serves 6.

HERBED RICE

1 c. uncooked rice

$1\frac{1}{2}$ c. water or as package directs
1 chicken bouillon cube
1 tbs. butter
 $\frac{1}{4}$ tbs. butter
 $\frac{1}{4}$ tsp. salt
 $\frac{1}{4}$ tsp. garlic powder (optional)
 $\frac{1}{2}$ tsp. rosemary
 $\frac{1}{2}$ tsp. marjoram
 $\frac{1}{2}$ tsp. thyme
sprig chopped parsley

Cooking rice can be tricky. I have best results with Uncle Ben's converted rice, using just $1\frac{1}{2}$ c. water to each cup of rice. Bring the water to a boil, add stock cube and stir. Add remaining ingredients and stir well. Cover and cook on lowest possible heat 20 minutes before checking. Stir with fork. If rice is still wet, continue cooking 5 more minutes or until relatively dry. Serves 4.

GREEN BEANS PROVENCAL

1 14 oz. can green beans (or use fresh, cooked)
2 tomatoes, skinned and seeded
1 clove garlic, minced
1 medium onion, sliced
a little butter and oil
salt, pepper and basil to taste

Saute the onions and garlic in butter and oil until limp. Add tomatoes and cook 3 minutes. Add salt, pepper, basil (and a little thyme if you like) and beans. Cook over low heat until tomatoes are soft and beans are heated thoroughly.

BRAISED CELERY

Celery gone a little limp? Don't throw it away. Braise it in chicken stock seasoned with garlic powder and parsley. When celery is tender, but not soft, thicken with flour that has been kneaded with butter and season with pepper. Add a squirt of lemon juice. As a vegetable, celery will never look the same.

DRESSING UP TURNIPS

Turnips are an accommodating vegetable. They get along with almost anything. To each 2 lbs. (4 cups) rutabaga (cooked and mashed) add any of the following:

$\frac{1}{2}$ tsp. celery salt, 1 c. sour cream, $\frac{1}{4}$ tsp. ground ginger and $\frac{1}{8}$ tsp. pepper.

or
 $\frac{1}{2}$ c. orange juice, $\frac{1}{4}$ c. brown sugar, ground ginger to taste and 3 tbs. butter. Sprinkle lightly with finely grated orange rind.

or
a dash of nutmeg or a little rosemary or chopped parsley along with butter.



Thinking Slim

BY JEAN NIDETCH

I can't begin to count the number of times a very overweight woman has approached me and said, "I used to be nice and skinny. Then I got married and gained forty pounds." Or, "I never had a weight problem until I had children."

Marriage, having children, changing jobs or moving to a new city and

starting a new life — they're all fattening, right?

Wrong. There is only one cause for overweight (barring biological or metabolic disorders which are rare) and that is eating the wrong things at the wrong times for the wrong reasons.

Marriage is fattening? Nonsense. Maybe that bride decided that once she

had her man in tow, it was all right to have a banana split or two instead of a single banana. Or she wanted to please him, so she began preparing all the luscious dishes she could think of — not just once a week, but every night.

Children are fattening? Balderdash. Giving up smoking is fattening? Not at all. Stuffing your mouth with everything in sight is fattening. Not stopping to think about what you're consuming is fattening.

Believe me, I know, because I spent a good many years of my life perpetuating my own fat.

I had cultivated a

method of eating that had nothing to do with discipline or good common sense, or heaven forbid, good nutrition.

If something was edible, I ate it. If it could be covered with chocolate, nuts, butter or bread crumbs first, I did it. Sometimes I just ate the bread crumbs. After all, the point was to eat, and that's why I was fat.

Oh, I told myself there were other reasons. Periods of stress, getting married, making that move. But all human beings undergo stress at certain times and not all of them get fat. It's those of us who use those situations as ra-

tionalizations for overeating who have to contend with excess poundage.

So, my friend, if you're tipping the scales more than you should be, think about why you are. Truly

why.

And then takes steps to change it. I was 38 before I lost 72 pounds. But I did it. And if I did, what's to prevent you from doing the same?

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Carling O'Keefe Provincial 5-Pin Bowling Championships



The 1978 Ladies Singles Champion, Marj Heldman, Cone-stoga Bowlers Association.

Hamilton, Toronto to represent Ont. at World Championships

HAMILTON — The 1978 Ontario 5-Pin Bowling championships sponsored by Carling O'Keefe and held in Hamilton at Sherwood Lanes is now history.

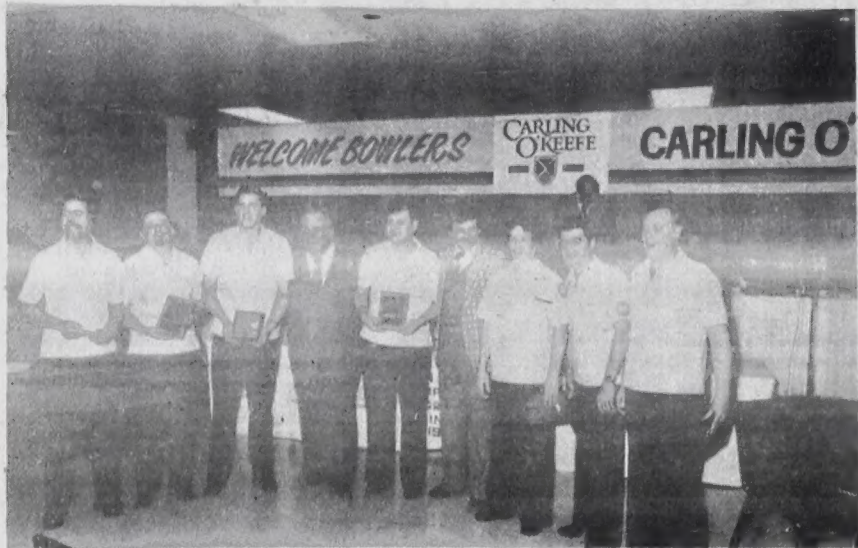
For the third year in a row, the Hamilton and District Ladies Team has won the right to carry Ontario's colours to the World Championships being held this year in Thunder Bay on May 19, 20, 21st. This same Hamilton Ladies team has won the World Title two years in a row and will be strong favorites to capture a third this year. The following young ladies make up this powerful Hamilton team, Evelyn Woods, Susan Davies, Pat Mahoney, Barbara Steeves, Betty Jones and Pat McNeil. Their fine coach is Bob Coulter.

The Hamilton Ladies team amassed 9,613 pts. for their eight games, to edge Ontario Durham Bowlers Association by 46 pins. Third place went to York Simcoe with 9566, another point back.

Continued on page 7



The 1978 Men's Singles Champion, Brian Randall, of St. Clair Bowlers Association.



The 1978 Ontario Men's Team Champions, Toronto Bowlers Association.



The 1978 Ontario Ladies Team Champions for the third year in a row, Hamilton Bowlers Association.



The 1978 Ontario Mixed Team Champions, Hamilton and District Bowlers Assoc.



1000 Lakes, Carling Open Ladies team, back row, left to right, Eva Piper, Virna Wagg, Kay Osler, Ross Wilson (coach), front row, Shirley Wilson, Audrey Gerris and Ev Stata. Team finished 23rd at Open.



1000 Lakes, Carling Open Mixed team, back row, left to right, Tim Hughes (coach), Don Mackie, Gord McAllister, Wes Stata, Willard Goodman, front row, Audrey Fountain, Judy Lavoy and Pearl Foster. Team finished 17th at Open.



1000 Lakes Bowlers Association, Carling Open Men's team, back row left to right, Bill Phillips, Ron Robinson Sr. (coach), Eddie Cox, Hank Searle, front row, Bill Korz, Steve Barton and Stan Dunford. Team finished 24th at Open.

Ont. Bowling Championships

The 1978 Provincial Men's champions, leaving for Thunder Bay, are the Toronto Bowlers Association, who rolled up an eight-game score of 10,671 pts. Second place went to Central Ontario Bowlers Association with 10,618, while third with 10,535 were Tri County Bowlers Association.

The Toronto Men's team consists of coach, John Willis, Bob Anderson, Gaston Pulls, Don Gorman, Russ Hurcom, Brian McDill and Ray Mombourquette.

Hamilton District Bowlers Association also will represent Ontario in mixed team action, as they won by 48 pins over Ontario Durham, 9875-9827. The following will be vying for a gold medal at Thunder Bay, Mary Osier, Kathy Cinti, Irene Whitley, John Willock, Norm Bird, Tom Patterson, Gerald Baigent and coach Tom Falletta.

For the first time in the 12 year history of the Carling O'Keefe Ontario Open, a step ladder, match play format was used to determine the 1978 Singles Champions this year. After the 10 game roll-off, the top five men and women entered the match-play finals. The 1978 Ladies Singles Champion is Marj Heldman of Conestoga Bowlers Association, who defeated teammate Marnie Galaway in the final game. The 1978 Men's Singles Champion is Brian Randall of St. Clair Bowlers Association, who defeated Lloyd Ormerod in the finals. Lloyd was defending champion, so Brian took out a very good bowler.

The 1000 Lakes Bowlers Association disappointed at this year's Championships, with the exception of the mixed team. This fine team coached by young Tim Hughes, placed 17th, the highest ever in the three year history of the Association. Another very good performance was by Steve Barton who finished in 17th spot in the men's singles. 72 men started on Thursday evening.

However the men's and ladies teams did very badly this year, as the men finished 24th and the ladies 23rd. None of the other five singles made the cut after the first five-game set. However there is always next year and hopefully a much better performance from our association.

Brian Shaw gets hat-trick, Vasey Juveniles now in finals

MINDEN — It took the Vasey Juveniles seven games but they finally disposed of a pesky crew from Havelock over the weekend, tying 5-5 in Havelock on Saturday and then returned to the friendly confines of our own Minden Community Centre to thrash their opponents 7-3.

The final game was the important one, with Minden only needing a tie, they didn't come to get a tie they came to win from the opening whistle.

Brian Shaw started them on their way and eventually scored the hat-trick. Terry O'Brien chipped in with a two goal performance while singles went to Dave Brown and Jerry Campbell.

The victory was a solid two-way effort, with everyone playing super hockey. The team now advances to the OMHA All-Ontario Finals against Lucan. Good luck, Minden.



Family Physician BY DR. JAMES G. PRICE

Q. What causes a new baby's skin to turn yellow? My son's a week old and looks quite jaundiced. The doctor says it's normal but other babies this age aren't yellow. Can you explain this to me?

A. There is a condition known as "physiological jaundice" which occurs in babies about the age of yours and which ordinarily doesn't mean that anything bad is happening. It appears when the newborn breaks down the extra blood it was born with faster than the body can excrete the blood pigments. They back up in the blood stream and jaundice is the result. Ordinarily this is mild and doesn't last very long, but it must be differentiated from the more serious causes of jaundice such as blood incompatibilities (Rh problems), infections and abnormalities of the liver.

Q. Does a woman have to have stitches every time she has a baby? I dread living with a sore bottom for two weeks more than going through labor.

A. It varies a lot from woman to woman, but it's not unusual for there to be no need for stitches after the second baby. Even though there is some discomfort associated with an episiotomy (stitches), they do help to avoid problems later on arising from pelvic floor muscles which were stretched too far to be able to provide proper support.

Q. Do girls who lift weights regularly get big muscles like the guys do?

A. Females will get some enlargement of their mus-

cles and increase in strength, but they ordinarily don't develop the obvious muscle overgrowth which is common among the male weight lifters. Hormones make the difference.

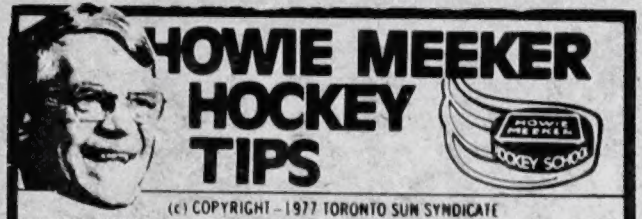
Q. How common is it for a man's beard to stop growing and his voice to get higher after he's had a vasectomy?

A. If it happens at all, I've never heard of it. A vasectomy does not change a man's hormone production at all. He even continues to produce sperm but the tube leading to the outside is blocked so the sperm are absorbed. I've had several of my male patients report this and other Old Wives' Tales to me concerning the possible effect of a vasectomy, but they're all untrue. I suspect that many men use

this sort of thing to avoid a vasectomy simply because they don't want the procedure and use this sort of thing as a reason. Recent work has shown that after absorbing the sperm for a while, some men develop antibodies against it which can interfere with their fertility even if they have the vasectomy undone.

Troubles add up. Blessings are counted.

It's easy to find a spot to picnic. Just look for the old beer cans in some bosky dell.



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HOCKEY STICKS "GOTTA" HAVE PERSONALITY

Take a minute and think about it: How can an 8 to 12-year-old boy handle a hockey stick that was built for an adult? Cut the handle down, you say? Well, that will help, but it's not enough. You see, an adult hockey stick has a handle that only the very strong adult or teenager can flex, but even for adult sticks, if you cut down the handle it loses some of its flex and you make the handle stiffer. I am fairly strong in the arms and shoulders and I find it almost impossible to bend Guy Lafleur's, Danny Gare's or Darryl Sittler's sticks, and when I use them on the ice, the very stiff shaft makes it hard for me to control and shoot the puck. To perform well, I need a handle with a greater degree of flex. Something that I can bend. Something that matches the strength in my arms and shoulders. Hey, a stick that matches my personality. The super strong professionals have theirs. Why can't I have mine?

What is so important about flex? It's flex that gives you the feel, the personality that says "This is my stick." It is the confidence of knowing that when you use it you can feel the puck. OK, if the professional's stick doesn't help my game and may only hinder it, then why should my stick be right for boys ages 9, 10, 11 or 12 years. Of course it's not and may also be a terrible handicap.

Now that you understand flex, let's take a look at the blade on most sticks. Again, they were made for adults. Much too long and heavy for the youngster to manoeuvre properly. The blades on most youth-sized sticks are very good, but make sure the handle isn't too stiff for the boy.

There are a couple of other things I would like to tell you about sticks. A good stick should last quite a while if it's taped properly to keep the moisture out and the boy doesn't get slap shot happy or play road hockey with it. Taping a stick, particularly in the heel area, protects the varnish that keeps the blade waterproof. Once the varnish wears off the bottom of the blade its lifetime is limited. So keep the heel taped and you will get full value for your money. When taping, start at the toe and tape to the heel and then come back over the heel again or perhaps up the blade. When the first layer of tape wears off re-tape again. The stick will last forever.

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Brent Moxam scores 3 goals, Bantams advance to finals

MINDEN — For the first time in the history of Minden Minor Hockey, Minden has advanced two teams to the All-Ontario finals. Over the weekend Jadek Sport Bantams advanced to the finals against Langton, with a convincing 7-2 thrashing of Creemore. Then Vasey's Juveniles eliminated Havelock, tying them 5-5 in Havelock on Saturday and needing only a point on Sunday, came up with a 7-3 victory to advance against the Lucan team.

Both series to start on April 1, 2 and then return to Minden for the third and fourth games on April 8 and 9 at the Centre.

Against Creemore on Saturday evening, the Minden bantams came up with a solid two-way effort in the game, jumping to a 4-0 lead by the halfway mark of the second period and coasting home to an easy 7-2 victory.

Ronnie Yake opened the scoring from Kevin Shapiera at 12:20 of the first. Harold Porter made it 2-0 before the period ended, also assisted by Shapiera. At 3:09 of the second period Brent Moxam deposited his first of three goals of the evening, assisted by Yake and Porter. Yake then scored his second unassisted. Rick Metheral closed the gap to 4-1 at 3:39 but two more goals by Minden before the period ended put the game out of reach at 6-1. Brent Moxam scored both, the first from Porter and Brent Austen and the second from Porter.

The teams split a pair of goals in the third period the first was Scott Arbuthnot from Ivan Ingram making the score 7-1 and then Metheral scored his second of the night to make the final tally 7-2. Creemore was assessed 14 minutes in penalties while Minden picked up 10 minutes.

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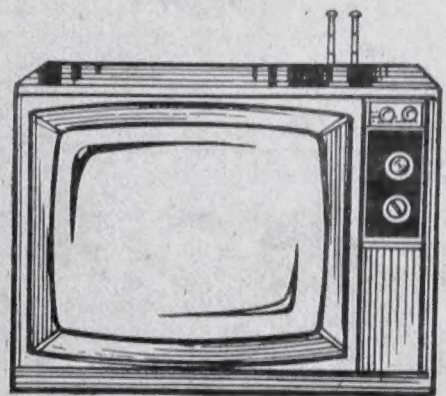
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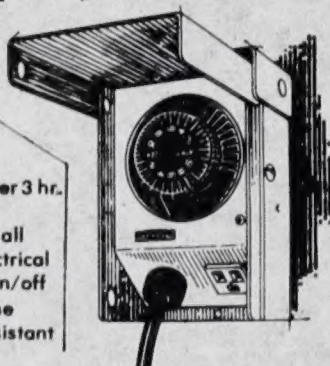


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Grab the heat while it's hot

by Richard Charles

If you heat your home electrically, you are an above-average user of electricity, and therefore have a large stake in its proper use. But a lot can happen between its point of origin and the moment when you feel the warmth in your home.

To illustrate, when a wave starts its run in the deep water, it looks like a great heaving wall that could go on for ever. Then, as it nears the beach, it starts to break and release its tremendous power, and soon ends up on the sand barely able to crawl the last few inches. If you have ridden the surf on a board, in a boat or as a swimmer, you know that the closer you are to taking the wave as it breaks, the better the ride.

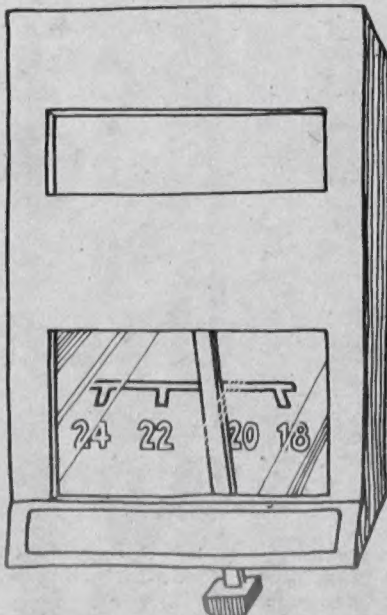
The way we use energy is something like that. It starts way back as, say, a barrel of oil or a waterfall, when we can assume that it is ready to give us one hundred percent. But, like the breaking wave, it begins to lose something at the moment of release — some may go up in smoke, and some be absorbed by the generating equipment.

The barrel of oil emerges as electricity with less than half of its original energy efficiency; then loses still more as it comes through the lines, until it is about one-third of its old self by the time it reaches the home heating equipment. Hydroelectric power is less wasteful of the water's energy, partly because there is no burning involved, but it's still well below par at the end of the line.

You can see, then, how important it is to make the most of your electricity by grabbing the heat while it's hot. The following tips should help.

- Dust and dirt on electric heaters mean that less heat is being delivered to you than the system was designed for. Vacuum the heaters regularly throughout the heating season.
- Put warm air where it will do the most good. You can do this with wall-mounted convectors by seeing that they have proper deflectors on them — it's easy to tell where the heat is going by standing near the convector.
- Let the warm air circulate freely in your rooms. In other words, don't block off warm air outlets with furniture, and don't cover baseboard heating units with drapes.
- If you have heating cables in the ceilings or floors, you can help them to do a better job in two ways. First, make sure that you have them properly insulated, so that the heat radiates into the room. Second, look periodically for hidden faults such as a broken cable. You can do this easily by making spot checks with your hand against the ceiling or floor. Any cool sections will indicate that there is some kind of trouble there.

As you can see, keeping an eye on electrical heating equipment is simple enough, and you will feel the difference in your comfort and in the heating bill. But there's a lot more you can do with this as with practically every other kind of home heating. Number one: stop heat from escaping by having good home insulation all round. Number two: learn how to use your thermostat as a way of increasing the heating efficiency of your home. Number three: before you go any further, find out about these and other basic improvements by reading 100 ways to save energy and money in the home. It's put out by the Office of Energy Conservation, Department of Energy Mines and Resources, and it's yours by writing to Box 3500, Station C, Ottawa, Ontario, K1Y 4G1.



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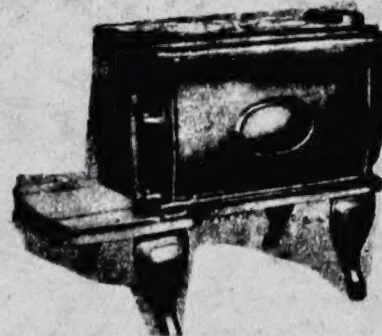
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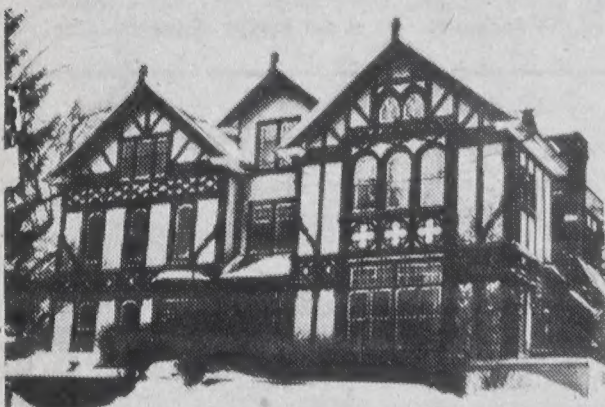
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Bombardier Dealer of the Year

Prentice Roads Ltd., has been honoured as "Dealer of the Year" and presented with an award from Bombardier Limited, Ontario branch. Shown above with the award is Steve Berry of Prentice Roads. Each year the award is given to a Ski-Doo dealer for outstanding achievement in sales, service, part stocking, clothing sales and overall customer satisfaction. This is the 13th year that Prentice Roads Ltd. has been involved with Bombardier's Ski-Doo sales and service.



DU BOIS MANSION, built by the founder of the city of Du Bois, Pa., in 1884, faces the wreckers' ball because of lack of funds to maintain the building. It is listed in the National Register of Historic landmarks.

Quiet Easter for O.P.P.

MINDEN — Ontario Provincial Police in Minden report a very safe Easter weekend as only two reportable accidents were investigated, as well as two non-reportable collisions. There were 53 general occurrences investigated. Five break-ins reported, five cottages found insecure and 12 persons charged with snowmobiling violations.

A 1972 pickup truck driven by 17 year old Kyle H. Andrews of Bradford, was northbound on County Rd. 7 early Tuesday morning when it failed to negotiate a curve, and struck two tree stumps in the west ditch. The pickup was damaged for \$800. Investigation by PC Mike Legge.

A 1975 car went out of control on Hwy. 35 at 12 Mile Lake bridge and did some \$100 damage to the guard rails. Ian McFayden, 27 of Scarborough was southbound on Hwy. 35 when he lost control of his vehicle and struck the guard rail. \$500 damage was done to the automobile. Investigation by Jim Solway.



Santa's Village in Bracebridge gets a facelift for new season

Santa's Village will present a fresh look for the coming season. Better parking, larger more efficient kitchen service and additional concessions are all part of the face lift now underway.

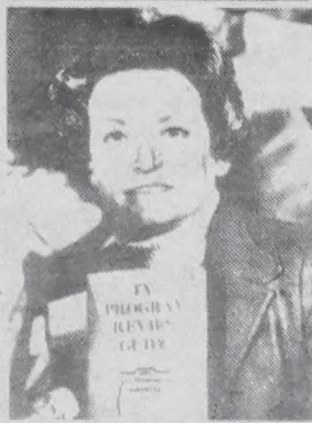
The Tea Room, which will now be known as Kris Kringle's Kitchen is being completely revamped. In the future there will be four lines, served by ultra-modern kitchen facilities, almost the entire structure has been torn down and enlarged to accommodate a walk-in freezer and cooler space and to almost double the present capacity of the building.

In addition there will be three more concessions built to take the strain off the present two.

Parking, which has been a huge problem in the past will get relief in the form of a field with capacity for 1,000 cars, which has been leased on the opposite side of Santa's Village road.

Last year, on the peak day over 3,200 people visited the village and cars were parked for a distance of two and a half miles on both sides of the road blocking traffic for hours. With the new parking facility and the present one which can handle 400 automobiles Ron Payne, general manager of the Village, is hopeful that the residents on the road will have no further problems in the future.

In the News



GRACE BAISINGER, National PTA president, also heads the PTA's TV Commission. The organization is escalating its two-year campaign against violent, poor quality, objectionable TV programs.

Indicator Declines

The Canadian Imperial Bank of Commerce's leading economic indicator fell .01 per cent in November from October. The Bank's economic department reported: "This further downward movement underscores the fact that there is as yet a marked absence of factors which could be expected to provide a boost to the economy over the next several months." Factors which currently lend support to the expectation of an improved second half include a tendency on the part of both consumers and producers to substitute Canadian made goods and materials for imports as a result of the depreciation in the external value of the Canadian dollar.

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Anne Murray (above) and her Friends celebrate in music the joys of womanhood on the new CBC-TV Superspecial "Anne Murray's Ladies Night" Mon. April 10 at 9 p.m.

SUBURBIA

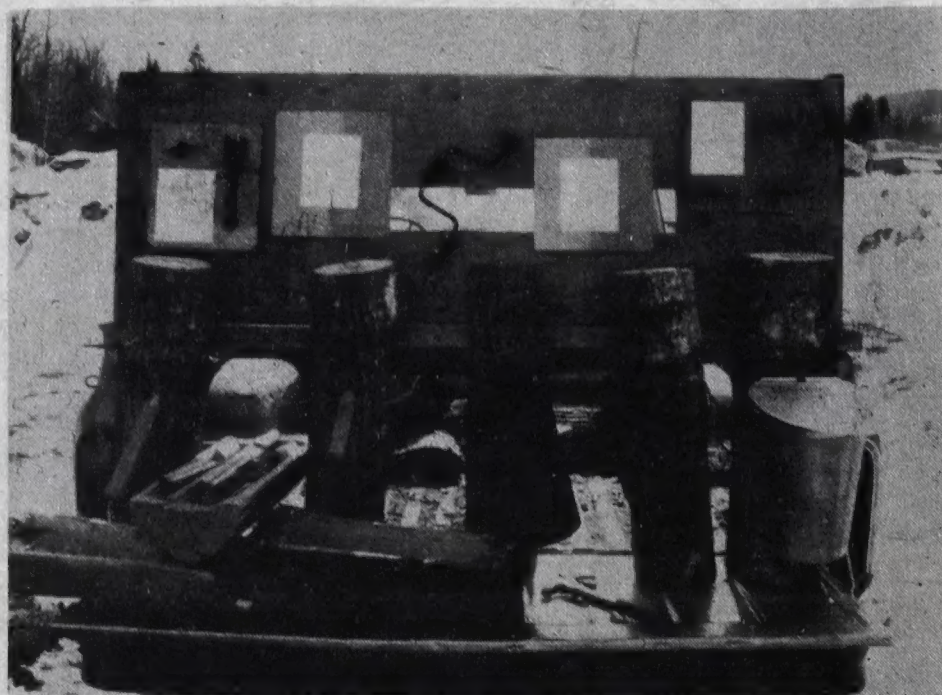


"Did you have as much trouble statue training your Little Herbert as I'm having with my Little Philbert?"



Hundreds enjoy pancake breakfast

Beside the Maple Syrup shack in Wilberforce a display of tools and spiles had been gathered up from local producers. Some of the tools and methods dated back to the 1900s. The modern method of gathering sap is shown on the right with bucket and lid attached to the spile.



Tools date back to 1900s

Hungry eaters above made short work of the pancakes and sausage breakfasts at the Lloyd W. Watson Memorial Centre on Saturday in Wilberforce. Over 400 delicious plates were prepared and at times the line-up exceeded the length of the building.

DID YOU KNOW..

We just need a
number and 60 seconds
to cut a Car or
Truck Key

at

Curry Motors Ltd.

HALIBURTON — 457-2100

MINDEN COLLISION SERVICE

Complete Body
and Paint Service

286-1851

Thy name is my healing, O my God, and remembrance
of Thee is my remedy. Nearness to Thee is my hope
and love for Thee is my companion.

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Telephone: 286-2181 or 286-2036

(Main Street, across the bridge.)

ANNOUNCEMENT

A meeting to explain the Kinsmen
Club of Minden plans for a proposed
"Participark" and dredging of the ice
track, will be held:

THURSDAY, APRIL 8 AT 8 p.m.

in the Anglican Church Hall.

Any questions on the above meeting
please phone John Pentney Jr. at 286-
1351 or Tom Prentice at 286-1428.

THEY'RE ALL IN CLASSIFIED

Samantha
READS YOUR STARS

If you were born this week: You are generous, outgoing and usually easy to get along with. You like sports and activity of all sorts. You have a great sense of humor, but would intensely dislike being made the butt of a joke. Family life is important to you. And you are ambitious in your chosen field.

ARIES (3-21-4-19): The sap's beginning to run and right about now an Aries' fancy turns to — LOVE, of course! What else! Later, new money-making idea is a winner, but wait til next week's new moon to act upon it. Days close with noisemakers, confetti and merriment. And guess who is guest of honor? **TAURUS (4-20-5-20):** It's an old saying, but true. Taurus: You have to give a little to get a little. Once you start hooling it, you'll soon find yourself doing the fandango and loving every minute of it. And a one, and a two.

GEMINI (5-21-6-20): Spice is nice. Gem, but too much can bring on indigestion. A certain peppery relationship may be on its way out. Let it go before you have to spend all your pennies on bicarb. Days end with the sweetness of a kiss.

MOONCHILD (6-21-7-22): Advancement can be made this week. Moonbaby. Don't be timid. Take the bit between your teeth and GO. Opposition will be left at the post and you'll be wearing roses before you know it. Romantic crossfire puts you in a tizzy, but by latter days, you're cuddling close.

LEO (7-23-8-22): Cupid's doing his dues for you. Leo baby, and you know that his best is a real humdinger. Later, routine chores find you daydreaming out the window. Knowing you, you'll make your own recess time — and it's a LONG one. In fact, you might as well pack a picnic and make a day of it.

VIRGO (8-23-9-22): Domestic matters highlighted. You've

Days go waffling to tipsy fini. **LIBRA (9-23-10-23):** Make important contacts early in week. Libby, while communications lines flow easily and cooperation is smoothly obtained. Give mate-partner your special attention and support. Later, daisies don't tell, why should you?

SCORPIO (10-24-11-22): No freebies this week, Scorp, but with a bit of work you can make your piggybank fat and happy. (And you, too, of course.) Later, if keeping your temper involves keeping your mouth shut, do it. Week comes to startling end.

SAGITTARIUS (11-23-12-21): You can express your creativity in many ways. Saj, One is by showing your love to others by developing beauty and brainstorming new ideas. Listen to your Muses and follow their leads. Samantha guarantees you'll be sitting on cloud nine, at least.

CAPRICORN (12-22-1-19): Fall back and regroup this week. Cap. Tend to personal affairs and evaluate goals. This does NOT mean that you're retreating from anything. It does mean that you pause to define where you are and where you're going, baby.

AQUARIUS (1-20-2-19): Social affairs are accented. Aquari, including parties, meetings and informal get-togethers with friends. You may take out an old dream, dust it off, and look at it again. And this time, it just may be workable.

PISCES (2-20-3-20): If you keep your wits about you, Pisces, your assets can take a soaring leap upward this week. Later, avoid crowds;

FOR SALE

McGUIRE TIRE Sales Ltd. Dealer for General, Michelin, Sumitomo and Bridgestone.

We stock truck, tractor, skidder and passenger tires and tubes.

All tires mounted and balanced. Oil changes and grease jobs.

Main St., Haliburton, Ont. (behind the Red & White)
Phone 457-1258
Evenings 489-2667

FOR SALE: Cassette player for vehicle. Never used, 286 1105.

FOR SALE: Boys' hockey equipment, helmet, shoulder pads, knee pads, elbow pads, gloves, pants and shirt all like new. One pair of skates size 2, one pair of girl's skates, size 3. Call 754-2040.

FOR SALE: 1973 Moto-Ski 440 Capri, original owner, low mileage, back rest and carrier. Call 286-1105.

Woman's Navy all-weather Coat, size 14-16. Phone 457-2672.

FOR SALE: 1975 Olympic 300 Ski-doo, like new and a 1972 340 TNT. Call 286-2082 after 5 pm. (6c)

FOR SALE: Dual 1225 turn table; Marantz 1120 integrated stereo amplifier, 60 watts per channel RMS; Integral EPI power amplifier boosts power to 150 watts per channel RMS; and four Cerwin vega speakers. Above items will be sold individually or as a package. Suitable for DJ work. Call 286-1105.

SKATES, girls size 10½, \$3 call 286-2429.

'69 COMET (for parts) \$75. Good motor, hd shocks, new parts, call 448-2176.

WINDOW AIR CONDITIONER, \$100. Phone 286-2429.

22 CALIBRE Repeat RIFLE 3 months old, excellent condition. 286-1844 ask for John

'71 SKIDOO Nordic, \$450.00 Phone 286-2096.

FLOOR POLISHER \$5. call 286-2429.

1972 RUPP Snowmobile, 30 hp electric, \$400 or best offer. Call 489-2036.

TRUCK CAP (Wood) carriers windows and screens. 6' box, \$45. Call 448-2176.

1972 TNT 640 completely overhauled, good condition. Reason price, 1 owner, call 286-2096.

ROCKING CHAIR, dresser, spool bed frames, clock, sewing machine, some antiques, many items. 489-2297

FOR SALE: — Two long gowns, one size 12 and one maternity size 12-14. Call 286-1852.

FOR SALE

Antique SCHUBERT PIANO in good condition with stool, please call 286-1751.

ANTIQUE GRAND PIANO (upright) perfect condition, scraped to natural wood finish (circa 1830-50) \$1200.00 Call 457-1951.

8 MM MOVIE PROJECTOR one super 8 movie projector. Call 286-2154 evenings.

SALAD BOWLS, serving platters, warming casseroles, drapes, Sherbert glasses etc call 489-2237.

CHEV ENGINE, LT 350 hp, complete job, 5000 miles since built, call 448-2264.

WOMAN'S WARDROBE — slacks size 16, shoes size 7-7½. Some never worn. Call 457-2672.

SPLIT LEATHER PANT coat with zip out lining. Size 14-16, phone 457-2672.

Electric lawn mower, hedge trimmers, traps, belts, Coleman lamps and stove, many other items. 489-2297.

Woman's Camel Pant Coat size 14-16, phone 457-2672.

Gendron Baby Carriage, converts to stroller and bassinet. Excellent condition, phone 286-1852.

1970 SNOWCRUISER excellent condition, 28 hp with reverse and a spare motor. Phone 754-2294.

BABY BOA-SKI 1971, extra heavy duty construction, rotary motor, low mileage — \$450. Call Elvin Johnson. 489-2878.

One Antique Buffet with six oak chairs, need recovered. Call 457-2018.

Portable Electric Heater — with thermostatic controls, \$15. Call 454-8812.

1959 GMC 1 ton panel. Four speed auto, as is, suitable for camper.

1966 DODGE POLARIS, automatic, good running order as is. Phone 754-2294.

1973 CHEVELLE WAGON, good body, runs well, \$750. cash. Call 457-2320 evenings 286-1454.

CHEST FREEZER, excellent condition \$125. or best offer. Box 332, Minden.

STEEL SHOWER STALL, 30" square and fittings, never used. Phone 754-2294.

MINDEN CENTRAL — four bedroom, ideal for home, office, business, good terms phone 457-2320 or 286-1454.

1 Antique sideboard, oak, over 100 years old. Phone 457-2018.

LADIES CLOTHING, suits, coats, dresses, long and short, boots, shoes, purses, good and cheap. Box 332, Minden.

PALIMINO GELDING, 8 years old, quiet. Broke west ern, 16 hands. Call 754-2294.

WANTED

25 h.p. wide track SNOW-CRUISER in good condition. 457-1147 after 6 pm.

HOME for Siamese cat, female, spayed, two years old. Phone 286-2154 evenings.

17 YEAR OLD out of school will do anything, reliable. 286-1844 ask for John.

SERVICES

SNOWPLOWING

Haliburton area only. Reasonable rates, fast service. First plowing complimentary. Call 457-1011. (5tfm)

HIAB log loader and two tandem trucks ready to haul. Call 457-1011. (5tfm)

H. ROMAN TAX SERVICE

- Personal Returns;
- Business;
- Farm.

Guarantee: I will pay any fine and or penalty incurred as a result of my error.

Telephone 286-1756

MISCELLANEOUS

BABYSITTER available for Monday to Friday in my home. \$25 per week. Carnarvon area, call 489-2036.

Around here, the price of baby-sitting has gone up; if they're kids too young to walk, the sitter adds a carrying charge.

Some gals can make up everything but their minds.

FOR SALE

INGLIS DRYER, like new, 30 ft. of cable and plug included, \$130. Call 454-8812.

OUR WEEKLY BREAD



HE IS RISEN
"He is risen."
That through Him we may recover faith in ourselves, in our world, in our God.
"He is risen."
That in Him we may rekindle hope: for the abandoned, for the despairing, for the dreamless.
"He is risen."
That with Him we may restore love: to those from whom we have kept it, to those who are most near us, to those we will never meet.
"He is risen."

FOR RENT

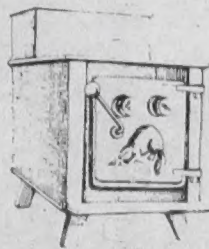
RENT OUR RINSEVAC the new compact carpet cleaning machine at only \$12.00 per day. Available at Hillside Pro Hardware, Main St., Minden 286-1171

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Save 50¢



The Canadian Stepstove



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Help you
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SALE

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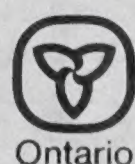
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Natural Resources, Min

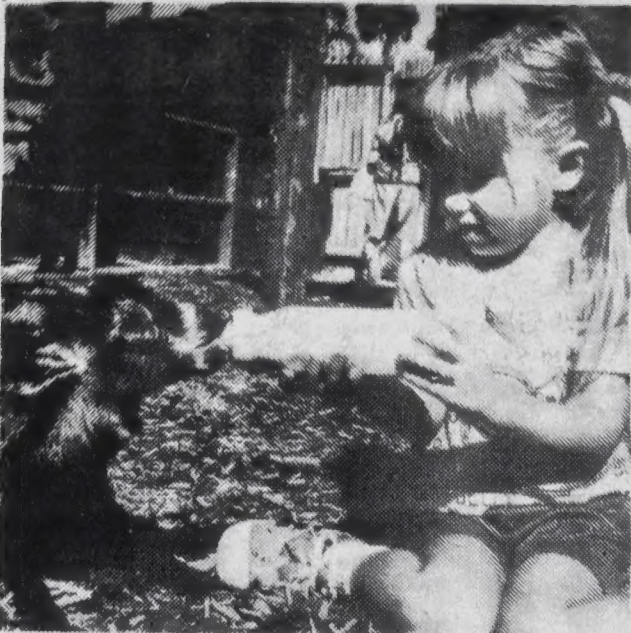
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received after this time

Additional information
Ministry of Natural Re

The lowest or any tende



Min
Nat
Res



IT'S ONE kid to another as this young girl bottle-feeds a kid in the Nairobi Ralston-Purina sponsored animal petting area in The Dark Continent. Site is Busch Gardens in Tampa, Fla.

Ask Alma

Dear Alma,
I would like you to tell me who is right.

My husband John had a girlfriend 25 years ago. This girl had a son by John and he wanted to marry her but she said no and kept the boy. John said he has no feelings for her but she doesn't leave us alone. She is married now to someone else and the son is on his own. John and I have been married for 16 years and have five children. His ex-girlfriend keeps calling up to talk to John or she will send the boy to our house and the boy really doesn't know his dad and doesn't seem to care to know him. His ex-girlfriend just uses him to see if she can break us up.

John says he loves me and has no feelings for her but will talk to her on the phone. I say if he doesn't feel anything for her anymore, he should tell her to leave us alone. She didn't want him when he wanted her so she should tend to her own husband now.

Who is right, John or me? She has tried every way she can think of to break us up and won't give up. I don't know what to do anymore. Any suggestions? — Sick at Heart

Dear S.H.,
Yes, I have suggestions. Get an unlisted phone number, hang out "no trespass-

ing" signs and insist that John tell this woman to leave you alone.

Apparently, your husband DOES have feelings for his ex-girlfriend — guilt feelings and perhaps a little ego gratification that she's still chasing him. It's time he grew up and ended his 25-year guilt trip. His mistake is more than paid for...and YOU shouldn't have to pay for it at all.

Dear Alma,
Me and my friends are always getting in fights. They used to last about five minutes. Now they last about a week. What should I do to stop this? — J.J.

Dear J.J.,
One day when everyone is feeling friendly call a meeting. State the problem and ask the kids to come up with ideas for working out arguments the day they happen. Many married couples have a rule which says "Never go to bed angry." This means that problems or bad feelings are shared and settled that day. That way the next day is not spoiled with leftover anger or hurt.

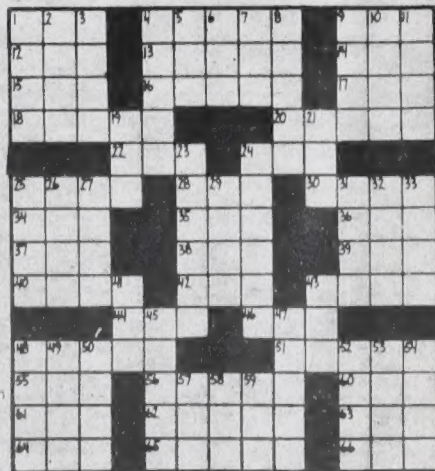
HAVE A QUESTION about yourself or people you know? Write to ASK ALMA c/o this newspaper and watch for the answer in this column.

Crossword Puzzle

Here's the Answer

Girls

- ACROSS**
- 1 Lovely lady of "Faerie Queen"
 - 4 Feminine appellation
 - 9 Mrs. Eddie Cantor
 - 12 Diminutive of Nanette
 - 13 Miss Horne and others
 - 14 Tier
 - 15 Anger
 - 16 Insert
 - 17 Hostelry
 - 18 Four-parted (comb. form)
 - 20 Facilitates
 - 22 Peer Gynt's mother
 - 24 Limb
 - 25 Garden girl
 - 28 Girl's nickname
 - 30 Shout
 - 34 Bustle
 - 35 River in Switzerland
 - 36 By way of
 - 37 Legal point
 - 38 Greek letter
 - 39 Evening (poet.)
 - 40 Fillip
 - 42 Female saint (ab.)
 - 43 — and the King of Siam
 - 44 First girl
 - 46 Mariner's direction
 - 48 Feminine nickname
 - 51 "— in Wonderland"
 - 55 Fourth Arabian caliph
 - 56 Miss — Hayward
 - 60 Wand
 - 61 Land parcel
- DOWN**
- 1 Distinct part
 - 2 Nostril
 - 3 The dill
 - 4 Assumed name
 - 5 Low haunt
 - 6 Abstract being
 - 7 New Guinea seaport
 - 8 Natural fat
 - 9 Flower girl
 - 10 Accomplished
 - 11 Grain bristles
 - 19 Beam
 - 21 "I'm in love with —"
 - 23 Expire
 - 24 Eagles' nests
 - 25 Planet
 - 26 Arabian gulf
 - 27 Girl's name
 - 29 Direction
 - 31 Level
 - 32 Mortgage
 - 33 Miss — Turner
 - 41 "— O' My Heart"
 - 43 Shoemaker's implement
 - 45 Hearth goddess
 - 47 Christmas visitor
 - 48 Shaded walk
 - 49 Century plant
 - 50 Miss — Hayworth
 - 52 "My Friend —"
 - 53 Mine product
 - 54 Icelandic saga
 - 57 Footed vase
 - 58 Capuchin monkey
 - 59 Island in a river



In making up a party for a travelling excursion, always be sure to have at least one ignorant person who will ask all the questions you are ashamed to ask, and you will acquire a great deal of information you would otherwise lose.

—Charles Dudley Warner.

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5 til 9:00

Entertainment
every weekend!

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ROBERT

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IF IT'S FOR SALE

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ATTENTION HOUSEHOLDERS

The Highlands Express **ACTION AD** is here!

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nearly new or used

WITH AN "ACTION AD" IN THE EXPRESS.

Try it now and get 1 ad FREE!

2 ACTION ADS for only \$1.00

Fill out the forms below, include \$1.00 and send to: The Express, RR 2, Minden KOM 2K0

Your ACTION AD will appear for 4 WEEKS at NO ADDITIONAL CHARGE! (All commercial ads will carry borders at regular weekly prices.)

Please place my "ACTION AD" in The Express. Enclosed is \$1.00 for my TWO ads.

Name

Address

Postal Code

AD TO READ:

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Be sure to put your name or telephone number in your ad also. Maximum words, 15.

Please place my FREE "ACTION AD" in The Express. Tear out both coupons and send to The Express, RR 2, Minden, KOM 2K0

Name

Address

Postal Code

FREE AD TO READ:

.....

.....

.....

Be sure to put your name or telephone number in your ad also. Maximum words, 15.